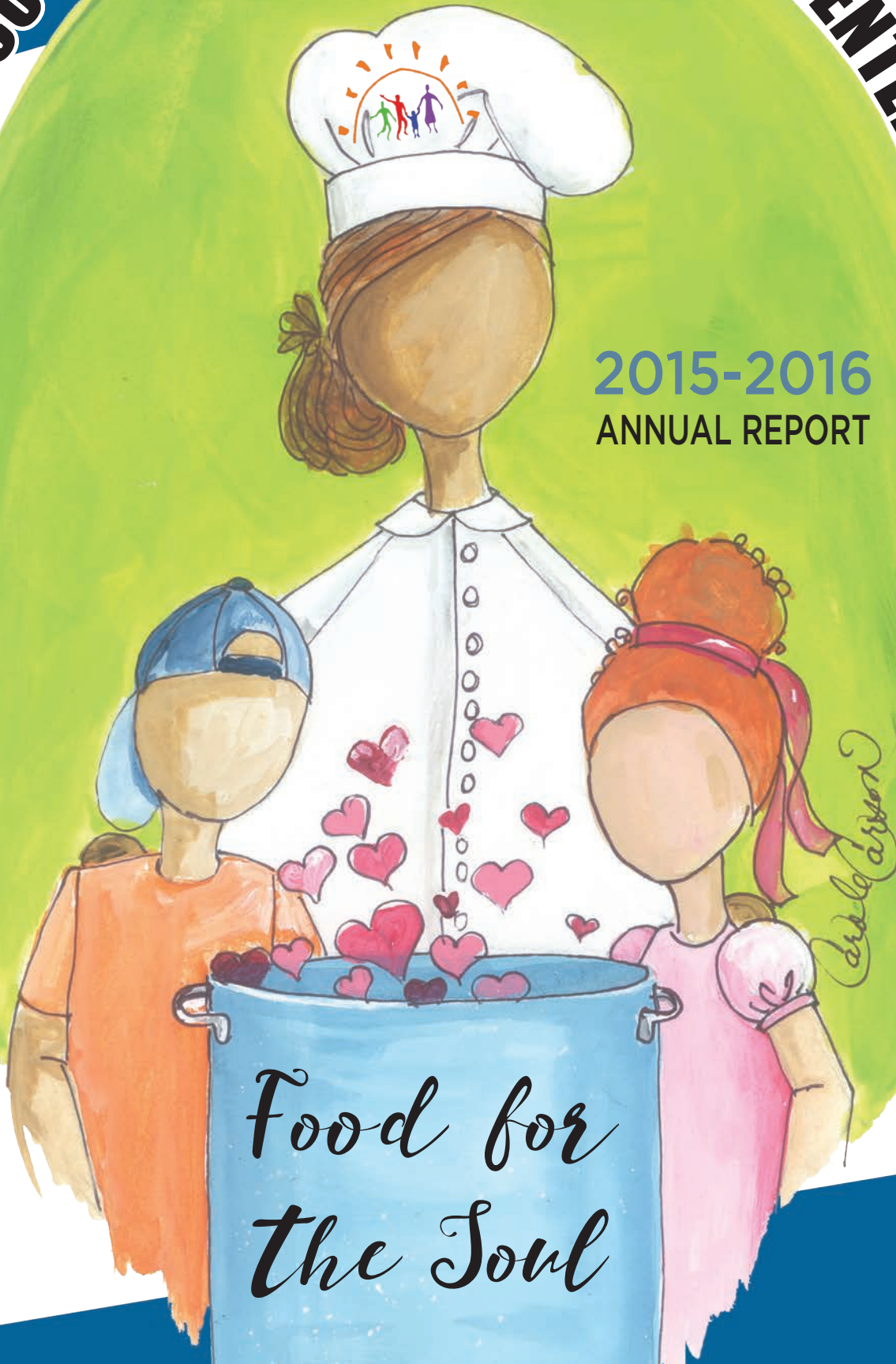


LEE COUNTY YOUTH DEVELOPMENT CENTER

2015-2016
ANNUAL REPORT



*Food for
The Soul*

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OUR CORE VALUES

- Building and valuing a committed, compassionate and enthusiastic team
- Honoring tradition while inviting and embracing diversity, change and growth
- Providing a comprehensive range of services designed to improve the quality of life for children, families and our community

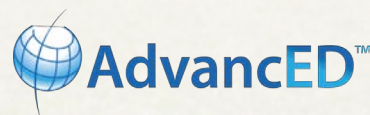
ADVISORY COMMITTEE

Emily Jones
Lee County Department of
Human Resources
Honorable Mike Fellows
Lee County Family Court

MISSION STATEMENT

A place of service...
Offering hope to
children and families...
Strengthening our
communities

AFFILIATIONS



A VIEW FROM THE TOP

Dr. Anne Penney, Board President

un-prec-e-dent-ed:

having no precedent; never done before

Certainly the word, *unprecedented*, is the perfect adjective to describe this agency's groundbreaking achievements during fiscal year 2016. Entering into the new year LCYDC's agency leaders and all staff were facing two critical external reviews and both were scheduled simultaneously for the third week of April. The Council On Accreditation (COA) would be sending a three-person team in to review, analyze and assess the agency's position in terms of reaccreditation and AdvancEd would be sending a three-person team to scrutinize Chanticleer Learning Center's readiness for initial accreditation. The Board of Directors fully understood that this was a daunting undertaking and we were therefore cautiously optimistic. Well by June we learned that there was no need for caution - Team LCYDC had firmly risen to the occasion. Our Board and community was so pleased to join in celebrating an unprecedented flawless Final Accreditation Report from COA as well as the very first awarding of Accreditation for Chanticleer from AdvancEd. As we look back on the year that was, we could not be more pleased, and as we look to what is to be, our confidence could not be firmer.



A NOTE FROM THE CORNER OFFICE

Laura J. Cooper, Executive Director

fleet-ing:

lasting for a short time; momentarily

The late General George C. Patton often shared a parable concerning Roman conquerors. Seems that after winning great battles the warrior would return to a village parade filled with revelry and citizens cheering and welcoming back the conquering hero. Oh, but just behind the conqueror would march a servant who would be whispering in the hero's ear, "All glory is fleeting". As pleased as we were to complete a blemish-free COA reaccreditation as well as AdvancED Accreditation, we also knew that this glory was and is fleeting. The issues confronting those we serve are vast and our interventions and remedies must continually expand in order to meet evolving needs. Maintaining a fiscally sound agency... addressing the needs of a large workforce...responding to issues confronting our communities and external partners – none of these concerns allow time to rest on laurels. Although the glory from spring 2016 is now past, we will use this fleeting moment in time as a reference point for establishing higher benchmarks and broader goals. Our clients deserve no less and those who support our agency and our mission should expect nothing less.

CAFETERIA SERVICES

Nourishment for the body... Food for the soul

Nestled right in the center of our campus with an angled roof that sets it apart from all other agency structures sits Building 500 – **The Mattie L. Williams Central Cafeteria Building**. Named for our agency's first – and long retired – Cafeteria Manager, "Miss Mattie" always served her fantastic southern cooking with a side of love. And although our current Manager, Ms. Leigh-Ann Berry will tell you that the federal and state guidelines will not allow her to cook "with her foot in it" as Ms. Mattie did, she and her staff remain committed to nourishing not just our children's bodies but also to feeding their souls.

According to Ms. Leigh-Ann, *"Trying to prepare meals that appeal to teens and also meet the required child nutrition standards is a continuing balancing act. Our kids don't hesitate to use the suggestion box to tell me that they should be served more pizza and hamburgers. Add to this the medical conditions that require special diets plus the sometimes volatile or withdrawn nature of the children in care and you can see that me and my staff have our hands full."* Our Central Cafeteria never closes – with breakfast, lunch, dinner and snacks being served to over one hundred children and staff three times daily, seven days each week. Beyond the mechanics of adhering to Public Health standards, state and federal mandates, vendor requirements and meal prep and serve logistics, the real satisfaction for our cafeteria staff comes from the opportunity that they have to nurture hurting souls and uplift fractured spirits through relationship building.

"Whether they are with us a few days, a few weeks or many months, I think of these children as mine and I prepare my meals for them with love and soul; and when I have the chance to love on them with a big hug, a smile and encouraging words, I always take that chance" says Cafeteria Aide, Ms. Voulisha Roberson. The fact is we all know that food (especially in the south) can be just as comforting and every bit as therapeutic as a counseling session or psychotropic meds. Our agency is most fortunate that more than 15 years earlier our Board of Directors decided to make a major investment in constructing a building that is open, airy and inviting for our children and is will equipped for our cafeteria staff. Program Director, Ellen Ingram added, *"I recall when our cafeteria was a small space which was attached to our then Shelter Care building. Building 500 not only provides a great place for meals but is often used for hosting events where our children can demonstrate leadership and showcase their unique talents."*

One major goal of Cafeteria Services is to expose our children to new food selections which are tasty but are not as high in the carbs, fats and sugars found in typical teen diets. In addition table etiquette, appropriate socialization and clean-up tasks are also stressed. However, the cafeteria can also offer that "soft spot" in the midst of a hectic day where children may decompress and leave the area feeling energized physically and emotionally. It is also hoped that the new and improved eating habits learned while with us will carry on after they leave our care.

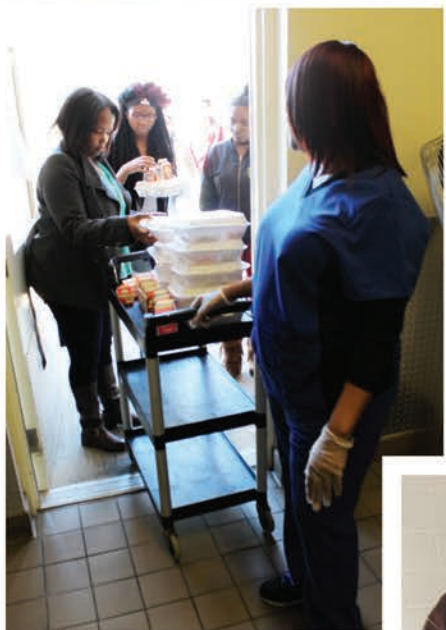
LCYDC is thankful to our dedicated Cafeteria Services Team – these ladies carry on the tradition started decades ago by Ms. Mattie by serving each nutritious meal with a heaping side of love.

*Cafeteria Supervisor -
Leigh Ann Kilgore-Berry*



*Cafeteria Services Staff
Jackie Jordan, Berry, Mary Presley, Voulisha Roberson*





Overview . . .

TRANSITIONAL SERVICES

Comprehensive Family Services (CFS)

The Comprehensive Family Services Program (CFS) works to improve family functioning, increase child well-being, ensure child safety, reduce the need for placement in out-of-home care, and enable children in out-of-home care to return safely to their families. Families receive services that are flexible, accessible, and responsive to their particular needs and circumstances. During the fiscal year 2015-2016, CFS has used evidence-based interpretation models to assist in developing positive client to worker relationships and provide children safety. CFS has served a total of 64 families during the Fiscal Year 2015-2016 resulting in positive results for both preservation and reunification wrap-around services.

Family Outcome-Centered Unification Services (FOCUS)

The FOCUS Program is a unique in-home preservation and reunification program that serves 7 counties in the East Alabama Region. The East Alabama FOCUS Program, established in 2008, provides services to the Department of Human Resources county offices in Chambers, Coosa, Elmore, Lee, Macon, Russell, and Tallapoosa Counties. Our goal is to preserve and reunify families successfully in their homes by teaching the families new skills essential to ensuring a safe home environment for their child/ren while motivating families and instilling hope.

The East Alabama FOCUS program, utilizes the following empirically grounded home based models: The therapeutic framework of Functional Family Therapy and the Homebuilders model of service provision. FOCUS has served a total of 112 families for Preservation and 39 families for Reunification during the 2015-2016 fiscal year for a total of 151

families. Families are taught skills such as effective parenting to include age-appropriate discipline, developmental milestones, behavior management as well as effective communication, anger management, basic living skills, financial management, how substance abuse affects families, positive co-parenting skills, and domestic violence education to name a few. Our Family Support Workers go into the homes of the families we serve for a minimum of 2 days per week for a service period of 3-4 months and are available to the families 24 hours a day, 7 days a week for 365 days a year.

Continuum of Family Care (COFC)

The Continuum of Family Care (COFC) program utilizes concepts from the Home-to-Stay Model. The Home-to-Stay model has a mission of building lasting, meaningful, and trustful relationships with families in order to provide an atmosphere resulting in wholeness and permanency. The Home-To-Stay model emphasizes that children grow up best in healthy families; therefore, the focus is on keeping the family together whenever possible. When it is necessary for a child to live apart from his/her family, care is focused on getting the family reunited. COFC explores the clinical barriers preventing familial success via a therapeutic approach. Both children and families are served by Family Support Workers and an In-Home Therapist to ensure the family receives the skills necessary to be reunified. COFC served 22 families in Lee County during the fiscal year 2015-2016.

Journeys

In the Journeys Intensive Residential Treatment program, we know that recovery from traumatic experiences is based on empowerment and creation of new connections. In order to assist our clients in care with their recovery, an emphasis is placed on

2013-2014 East Alabama FOCUS Success Rates	Preservation Services	Reunification/Permanency Services
Success at Discharge	96%	85%
3 months Post Discharge	98%	97%
6 months Post Discharge	97%	94%
12 months Post Discharge	96%	95%
24 months Post Discharge	96%	97%

relationship building and creating connections. The Journeys facility also had a cosmetic makeover with the addition of therapeutic colors added to the male residents' doors. The goal is to help our residents to feel happier, hopeful and more relaxed while in residence.

Journeys residents now have the option of celebrating their birthdays in their own special way. Instead of the traditional cake and ice cream, they have a choice as to what they want and even whether they want to share their birthday bites with others. We are making every effort to make their day special. Once again, giving them an opportunity to make choices in their lives. Life is about choices and consequences and we want our young adults to get that concept into their minds before they leave the Journeys program.

The Journeys residents planted a garden. The Journeys Victory garden yielded tasty vegetables. Our residents are learning the meaning of the saying, "Sow a good seed, reap a good harvest." They have collard greens, squash, watermelons, cantaloupe, tomatoes, peppers, and okra.

During the 2015-2016 fiscal year, Journeys served 54 clients with 30 successful graduations/step-downs to a less restrictive environment.

Passages

The moderate residential program, Passages, accepted the "Equipment" challenge. Each resident was challenged to memorize and recite the poem, "Equipment" by Edgar A. Guest. While in the process of trying to remember this poem verbatim, many of them learned the true meaning of "I Can". The Passages ladies have started growing foliage. Just as the first level of the Passages program is called New Beginnings, our young ladies are celebrating new beginnings with their plants. As their plants are growing, so are they, emotionally and physically. We are looking forward to the blossoming of our plants and our young ladies.

Quarterly Family and Friends Day events were held in the Passages program in order to give family connections the opportunity to connect with our clients and staff. During the 2015-2016 fiscal year 65 clients were served in the Passages program, with 23 successful graduations and 18 emergency placements.



CONTINUUM SERVICES

STARS Facility

The STARS Facility is comprised of three moderate care residential treatment programs for females: BEAMS (Behavior, Education, Motivation, Attitude, and Success), Voyages and Genesys. BEAMS, Voyages, and Genesys provide a safe, yet dynamic environment with the goal of fostering positive behavioral changes. These programs accelerate the therapeutic healing process and gives girls a powerful foundation on which to build a more positive productive life. Although BEAMS, Voyages, and Genesys are group or congregate-care residential programs, great care is given to individualizing all phases of care to the unique needs of the individual girls. No two girls are alike and their previous experiences as well as their responses and reactions are different.

The BEAMS program is a ninety (90) day Community Residential program for juvenile girls that are referred by the Department of Youth Services.

The Voyages program works to provide a warm and inviting setting for girls needing a structured/disciplined living environment. The Voyages program not only incorporates basic and independent living skills training, it also promotes a supportive network to address girls issues that subsequently impacts emotions and behaviors. The Voyages program has a

30

SUCCESSFUL
GRADUATIONS

TO A LESS RESTRICTIVE
ENVIRONMENT

JOURNEYS
PROGRAM





95%

**SUCCESS RATE
GIRLS COMPLETING
BEAMS PROGRAM**

90% success rate for girls completing the program.

The Genesys program is a six-bed residential program that serves court referred girls. The Genesys program provides a nurturing yet disciplined environment during a 6 to 9-month period of care. The Genesys program strives to build positive lives through increasing personal accountability, reducing risky behavior, improving academic performance, and enhancing social skills.

Detention

Our East Alabama Regional Detention Center maintains contracts with ten counties which are Bullock, Macon, Chambers, Lee, Coosa, Clay, Pike, Russell, Randolph, and Tallapoosa. We have the capacity to provide a safe, healthy, and caring environment for up to 32 juveniles housed under the order of the Juvenile Court System. The length of stay for our juveniles served in the Detention Center is temporary and is short term. Our Detention Center complies with all DYS and ACA licensing standards, COA (Council on Accreditation) standards, and Federal Statute: Prison Rape Elimination Act (PREA) National Standards. Our Detention Center consistently seeks opportunities to improve the way in which we deliver services to the youth we serve. Our East Alabama Regional Detention Team plays a vital role in the agency's continuum of care framework. During the fiscal year of October 2015 through September 2016, our Detention Center served a total of 464 juveniles. Out of the 464 juveniles served, 156 juveniles were from Lee County.

THERAPEUTIC FOSTER CARE

Therapeutic Foster Care is an intensive, individualized service designed to cater to the physical, emotional and social needs of children and youths in a supportive family setting unit until the family can be reunited or a permanent placement through adoption can be arranged. Therapeutic Foster Care is both a highly structured and highly individualized service. As such, the components of the services are, by definition, unique to each child and family. The goal of Therapeutic Foster Care is to: (a) place a child with a foster parent who is carefully selected, trained, and supervised and matched with the child's needs; (b) create through a team approach, an individualized treatment plan that builds on the child's strengths; (c) empower the therapeutic foster parent to act as a central agent in implementing the child's treatment plan; (d) provide intensive oversight of the child's treatment, often through weekly contact with the foster parents ; (e) make available an array of therapeutic interventions to the child, the child's biological family, and the foster family (interventions may include behavioral support services for the child, crisis planning and intervention, coaching and education for the foster parent, visitation monitoring and coordination with birth family, medication monitoring, psychological services, education advocacy and support); and (f) enable the child to successfully transition back to the birth family or alternate permanent living arrangement by continuing to provide therapeutic intervention.

During this fiscal year, 3 of our TFC children successfully graduated high school, two obtained post-graduate employment and one enrolled in post-secondary education and six were reunited with family members. TFC continues to make every effort to locate and highly train foster parents. Our TFC homes are a place of healing, hope and stability for children and teens in need of sanctuary.

Project Uplift (PU)

Project Uplift is a volunteer-based organization whose main goal is to help Lee County children ages 5-12 develop constructive, happy lives thereby reducing the delinquency rate in our county. Volunteers establish strong relationships with at-risk and disadvantaged children through weekly visits and activities designed to teach children character, responsibility and confidence.

During the 2016 COA re-accreditation cycle, the

peer-review team indicated that, "This organization operates the largest and most professionally focused volunteer mentoring program that I have ever reviewed. It is first rate in every way and could serve as a model for others." The Project Uplift team was truly humbled by the kind sentiments. In addition to the COA response, the waiting list has dropped down to 39% of the children served and the retention rate of potential volunteers has improved. During the 2016 fiscal year, 50% of the volunteers who came to a training session became volunteers (120 of 242 trained). The previous year only 38% completed the requirements and became volunteers. In total, Project Uplift had 120 new volunteers start this fiscal year. An increase from 106 new volunteers in 2015 and 92 new volunteers in 2014.

For more information about our program, please visit our website at www.auburn.edu/projectuplift

TRANSITIONAL LIVING PROGRAM

Our older teens and young adults who live in our Transitional Living Home are afforded the opportunity to practice independent living skills in a congregate care setting with a decreasing degree of care and supervision. Youth receive extensive training in individual and group daily living skills, including the purchase of groceries and preparation of nutritious meals; participate in an individualized life skills training course; and attend regular workshops, recreational activities, weekly group self-sufficiency preparation, and preparation for high school graduation and admission to college. Other areas of training includes budgeting, job hunting, housing issues, family relationships, handling basic maintenance in the home, sex education, substance abuse education, health issues, legal issues, transportation, driver's education, and training in CPR/First Aid. During the fiscal year of October 2015 through September 2016, we received 87 referrals. 19 teens were admitted to our TLP program. Out of the 19 admitted, 2 admissions were from Lee County.

INDEPENDENT LIVING APARTMENTS

Our youth who live in our Independent Living apartments are located

in a scattered site setting in which two are placed at Hilltop Pines and two are placed at Lemans Square apartments. Our youth are afforded the opportunity to practice independent living skills in a realistic apartment setting with a decreasing degree of care and supervision. During the fiscal year of October 2015 through September 2016, we received 8 referrals. Out of the 8 referred, 6 were admitted to our ILP program.

PSYCHOLOGICAL SERVICES

CLIENTS RECEIVING THERAPY 72

CLIENTS RECEIVING ASSESSMENT 98

PSYCHOLOGICAL SERVICES

During the 2015-2016 fiscal years, the Psychological Services Department has continued to work to continuously enhance efforts for LCYDC to fully become a trauma informed culture. Our primary mission is to continue to provide the delivery of various types of therapies, diagnostic evaluations, clinical intakes, individualized treatment planning, 24-hour/7-days a week Imminent Risk Protocol emergency services, and facilitate our consumers the skills and opportunity to heal, grow, and further develop life skills which enables them to achieve a higher quality of life.

This year, the LCYDC Psychological Services Department continued to contract with Auburn University for two doctoral students in Counseling Psychology and two master level interns from Clinical Community Counseling in the role of practicum/internship under the administrative supervision of the Director of Psychological Services and the clinical supervision under the ongoing supervision of our clinical consultant. We also partner with Troy State University's Department of Clinical Community Counseling who contracts with this agency to meet full clinical training and provide diagnostic evaluations, assessment, as well as conducting individual and family therapy to LCYDC clients and Chanticleer Alternative Day students.

4,570 INDIVIDUALS IMPACTED THROUGH SERVICES PROVIDED BY
LCYDC FROM OCTOBER 1, 2015 - SEPTEMBER 30, 2016



In addition, we remain fully staffed with experienced and qualified counselors and therapists who provide an array of clinical services to any and all clients referred to this clinic, including individual, group, and family therapy to our Chanticleer Alternative Day Students.

TransParenting

TransParenting, an educational seminar for families during transitional periods such as divorce, separations, change of custody or legitimation, continues to service the population of Lee County. This seminar received an overall rating of 4.55 out of 5 during this fiscal period.

Professional Development

During fiscal year 2015-2016, the professional development team introduced several new courses to agency employees. This list includes: Adolescent Eating Disorders, Women's Self Defense and Prevention of Staff Burnout. Professional Development will continually evolve to meet the needs of LCYDC's workforce.

EDUCATIONAL SERVICES

Chanticleer Learning Center has had a fantastic year. One of Chanticleer Learning Center's most memorable moments was proudly receiving a long-awaited accreditation from AdvancEd in June 2016. Hats off to the accreditation committee on a job well done. The Rooster keeps crowing about the wonderful academic achievements of our students, who have excelled over the course of the year, with quarterly award ceremonies, and celebrations geared to motivate our students and inspire our educators. CLC students have eagerly enjoyed and participated in numerous educational activities including but not limited to, the Fall Festival, Breast Cancer Awareness, Career Expo, Anti-Bullying Month, Teen Summit, Living Artists Showcases, field day,

talent show, educational field trips to historic sites, Colleges & Universities, along with outstanding student performances and exhibitions during black history month. The students continue to enjoy a blended learning experience, replacing a small portion of the traditional face to face classroom instruction with online learning via Plato. Student participation has increased dramatically, with students not only receiving credit recovery, but maintaining mastery of academics to promote grade level work to allow for a smoother public school transition.

CLC students embrace weekly reading by "Dropping Everything and Read" (DEAR) program. The CLC faculty and staff continue to increase student and teacher engagement, by providing a robust and rigorous curriculum, raising the standard of excellence for both our teachers and students. Pre and post-test of the Woodcock Johnson results indicate that our students are decreasing their education gaps tremendously by, as much as, 3 grade levels. This data suggests that the students leave CLC with more mastery of curriculum content, placing them on or above grade level once they leave our facility.

Our Chanticleer Alternative Day School (CADS) has assisted over 7 students in meeting their graduation requirements, thus graduating with their peers in the May and June commencement ceremonies. The CADS program currently serves on average, about 15 students per quarter. Students from around or in the surrounding counties have received approximately 100 core or elective credits. Partnering with the facility psychological services, the students of the CADS program receive psychoeducational classes and training to include conflict resolution, alcohol and drug counseling, anger management and social skills. The CADS program provides an effective alternative for those who have difficulties merging with the mainstream population, thus providing an environment promoting change and success, with the goal of returning to their public schools.

In Summary, Chanticleer Learning Center continues to seek opportunities for growth to offer our students the best education in the state. We are proud of our partnerships with Auburn and Opelika City Schools, Auburn University, Southern Union and many others who share our vision of changing the world one student at a time.

Abstinence Educational Program

The Abstinence program is a multi-component, interactive curriculum advocating sexual, alcohol and tobacco abstinence presented to teens in 7th through 10th grades that are enrolled in Lee County, Opelika and Auburn City school systems. Lee County's teen pregnancy rate continues to fall below the state rate. The state rate is 24.2% and Lee County is at 11.8%.



Below is the data regarding the clients served in Lee County:

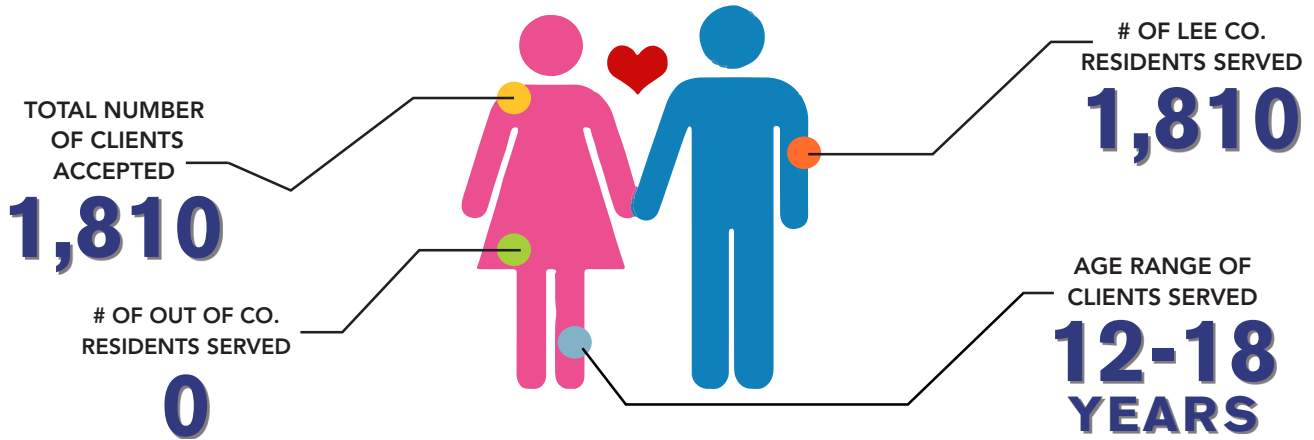
Home Alone Safety Program

The Home Alone Program is a five-part home-alone and latchkey safety curriculum offered to 4th graders in Lee County, Opelika City and Auburn City school systems. Below is the data regarding the clients served in Lee County:

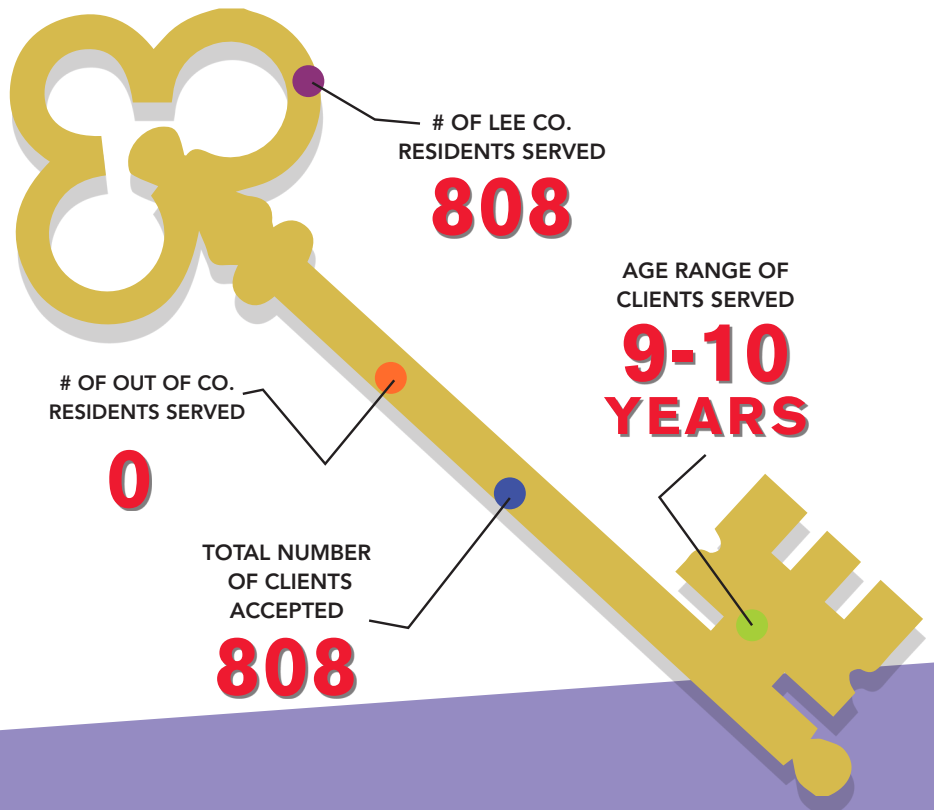
The Home Alone Safety Programs Pre to Posttest survey showed an increase in knowledge in all measured results. These results increased in knowledge of safety awareness, decision making skills, emergency preparedness, as well as home rules.



CLIENTS SERVED IN LEE COUNTY ABSTINENCE EDUCATIONAL PROGRAM



CLIENTS SERVED IN LEE COUNTY HOME ALONE SAFETY PROGRAM

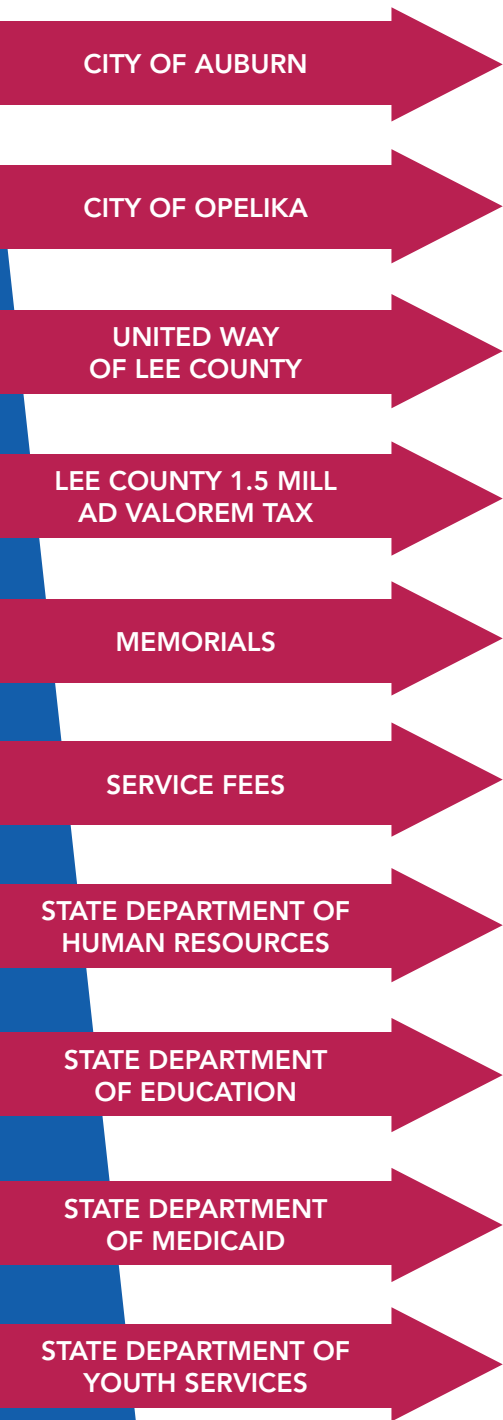


Financial Profile

BASIS OF ACCOUNTING

LCYDC maintains its accounts and prepares financial statements on the accrual basis of accounting. Income is recognized in the period measurable rather than when collected, and expenses are recognized in the period incurred, rather than when the obligations are paid.

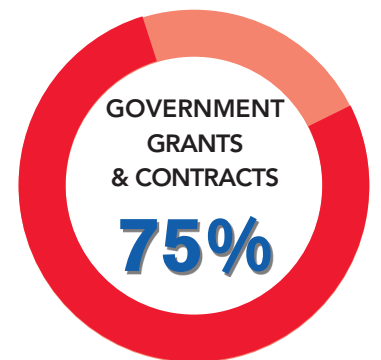
The audit of LCYDC's financial records for fiscal year 2016 was conducted by Barfield, Murphy, Shank & Smith, LLC, Certified Public Accounting Firm; Opelika, Alabama in complete accordance with U.S. generally accepted auditing standards.



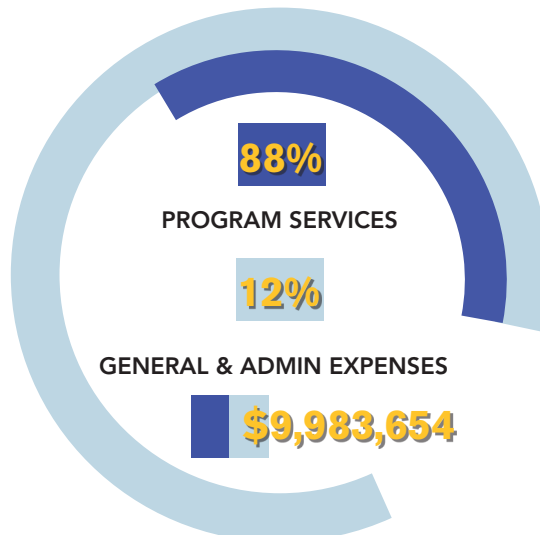
FY 2016 EXPENSE SOURCES



FY 2016 REVENUE SOURCES



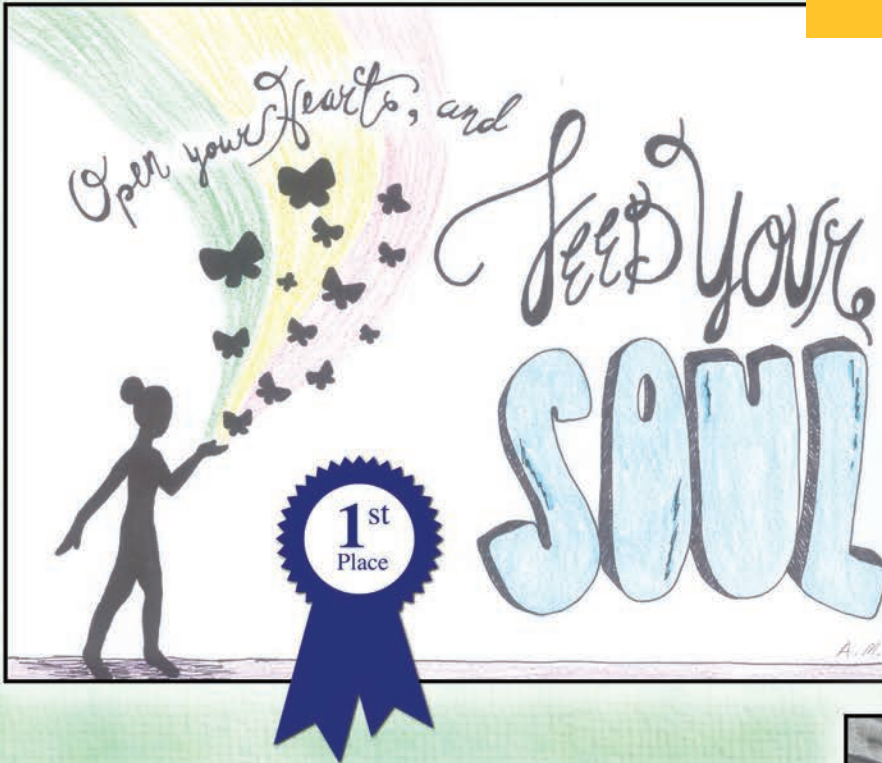
TOTAL EXPENSES FY 2016



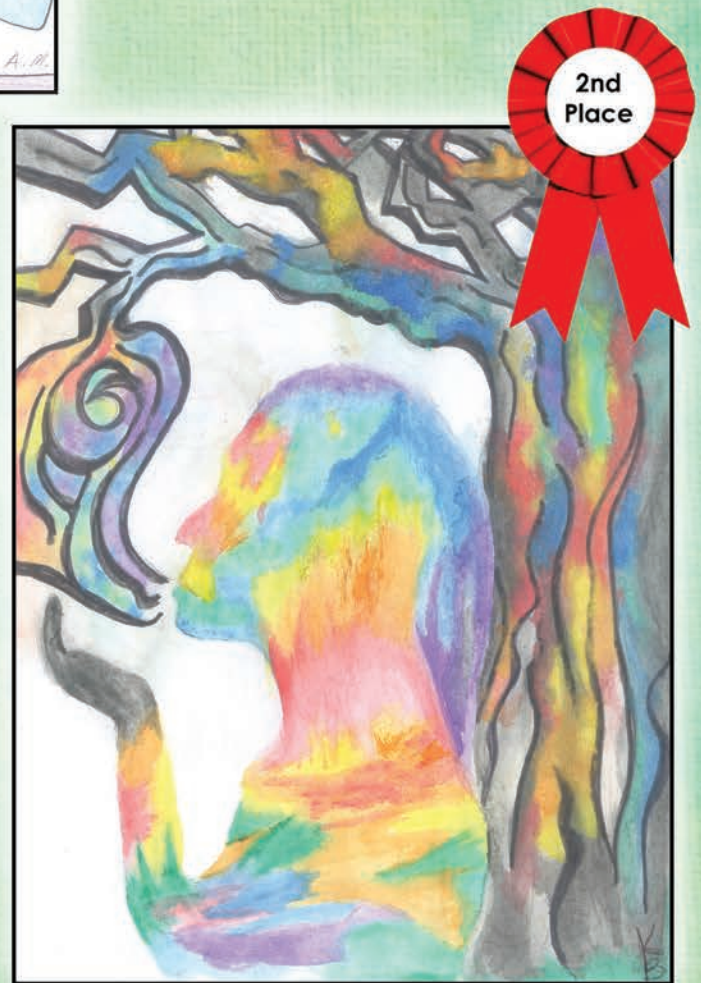
FY 2016 REVENUE TOTAL

\$10,270,393

WINNING STUDENT ARTWORK
Chanticleer Learning Center



1st Place
K. Byrd - Journeys



2nd Place
A. McClain - Genesisys



3rd Place
K. Byrd - Voyages

CONTINUUM

- Regional Detention
- Therapeutic Foster Care
- BEAMS
- Voyages
- Genesys
- Project Uplift
- Safe Space
- TLP/ILP
- Maintenance

TRANSITIONAL SERVICES

- Journeys
- Passages
- FOCUS
- COFC
- CFS
- Cafeteria

PSYCHOLOGICAL SERVICES

- Crisis Stabilization
- Psychological Assessments
- Psychiatric Clinic
- Professional Development
- TransParenting

ADMINISTRATIVE SERVICES

- Executive Operations
- Financial Services
- Employment & Payroll Services
- Resource, Risk & PQI Services

EDUCATIONAL SERVICES

- Journeys Classrooms
- Passages Classrooms
- STARS Classrooms
- Alternative Day School
- Art & Fitness Education
- Career & Technical Education



1973-2016

Over 40 Years of Caring Excellence

www.lcydc.org



LEE COUNTY
Youth Development Center



Founders
Mrs. Cecil D. Moreman
Mrs. Jane C. Walker